



Valsts darba inspekcija

## Actualities in Labour Protection (OSH) in Latvia

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2015, Rīga



## Priorities of the State Labour Inspectorate in 2015

### Reduction of undeclared employment

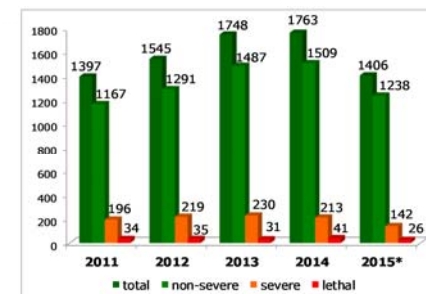
### Reduction of severe and lethal occupational accidents

- ✓ Preventive inspections (2000)
- ✓ 4 thematic inspections (forestry and woodworking industry, construction, transport, companies with historically high accident rates)
- ✓ One day country wide inspections
- ✓ Informative and educative activities (seminars, conferences, informative materials, OIRA etc.)

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## Occupational accidents at work (2011 - 2015)

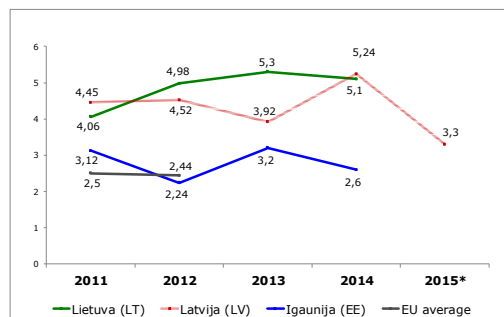


\* These are operative data only as part of the accidents are still under investigation.

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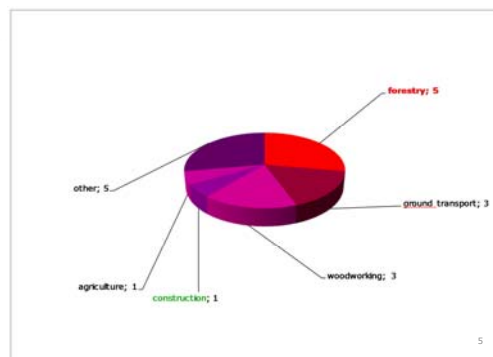
## Number of lethal occupational accidents per 100 000 employees in Baltics (2011 - 2015)



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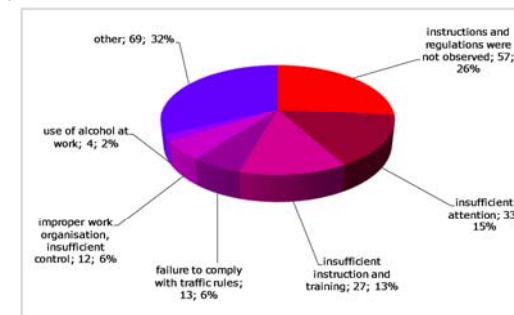
## Economic branches with the highest number of lethal accidents (2015)



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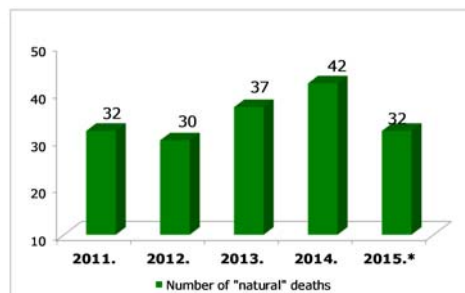
## Causes of the severe and lethal accidents (2015)



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## «Natural» deaths that occurred at workplace but not connected to working environment (2011 - 2015)



\* These are operative data only as part of the accidents are still under investigation.

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## Average portrait of an employee found dead at work

- ✓ Male
- ✓ 53 years old
- ✓ Citizen
- ✓ With signed labour contract
- ✓ Qualified worker
- ✓ Has undergone compulsory medical examinations at work
- ✓ Trained in occupational health and safety
- ✓ Reason of death – circulatory diseases



\* «Natural» deaths in transport industry form ~20% of all cases (2013, 2014)

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## Things to consider regarding «natural» deaths...

- ✓ Working hours
- ✓ Physical and/or psychosocial overload (incl. stress)
- ✓ Working for more than one employer
- ✓ Proper rest (incl. sleeping hours)
- ✓ Eating habits (e.g. FI campaign)
- ✓ Lifestyle (care for health, sport activities vs. alcohol, smoking and other «stress» relieving «friends»)
- ✓ Use of energy drinks and «medicine»...



## Information activities

- ✓ EU Presidency – two major events with OSH in focus (OSH conference with EU-OSHA good practice award ceremony in Riga, SLIC Thematic day)
- ✓ Loads of seminars, conferences, also together with Institute for Occupational Safety and Environmental Health
- ✓ Active use of social media (*Facebook, Twitter, YouTube, Slideshare*)
- ✓ 16 e-services ([www.latvija.lv](http://www.latvija.lv) and [www.vdi.gov.lv](http://www.vdi.gov.lv))
- ✓ NAPO (events, educational visits at schools and kindergartens)
- ✓ OIRA



**Online interactive Risk Assessment**  
 Riska interaktīvā novērtēšana tiešsaistē  
<http://client.oiraproject.eu/lv>

European Agency for Safety and Health at Work

**OIRA**

Safety and Health at Work is everyone's concern. It's good for you. It's good for business.



## OIRA - Practical help to SME's

- ✓ At the moment there are 4 OIRA moduls available in Latvia for risk assessment: offices, educational institutions, shops and agriculture companies
- ✓ A lot of informative and educative seminars in computer classrooms
- ✓ OIRA has already 2397 users (~100 new users every month) and almost 3000 risk assessments has been performed using the tool
- ✓ On the way (to be delivered during 2016) are 5 more additional OIRA models (restaurants and cattering, cleaning, hotels and accommodation services, transports and autoservices, beauty salons and services)

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## EU-OSHA information campaigns

- ✓ 2014-2015 campaign «Healthy workplaces manage stress» have concluded and in Latvia we had organized two year good practice awards:
  - ✓ 2014 – On stress management (Lauku atbalsta dienests)
  - ✓ 2015 – Falls, slips and trips («Cemex» and «Ventspils Naftas termināls»)
- ✓ 2016-2017 campaign will be focusing on healthy workplaces at any age
  - ✓ Launch – April 2016
  - ✓ Good practice examples – till September 2016

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## Are we ready to adopt for older workers?

**70% people after 55 have at least one chronic disease\*:**

- Coronary and heart diseases
- Musculoskeletal diseases (including osteoporosis)
- Psychiatric disorders
- Malignancies
- Diabetes
- Chronic respiratory diseases

+ excess weight / adiposity (at least 50%)

**More than 50% of employees in Latvia after 55 have long term health effects (longer than 6 months) that influences your everyday life\*\***

\* Global strategy on occupational health for all: The way to health at work, 1994  
 \*\* Population survey, Work conditions and risks in Latvia, 2013



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## Risks and adjustments to consider for employment of older workers

- Stress and ergonomics are two mayor factors for people to retire from the job
- Not so fit (lower extremity weakness, balance difficulties, psychotropic drug use and arthritis) – physical workload may need to be lower, adjustment of workplace, accessories needed
- Slips, trips and falls on the same level from standing height – more severe health problems (osteoporosis)
- Vision impairment – proper lighting
- Lower level of attention (use of medication, aging brain) and problems with memory – speed of task and its complexity?
- Health promotion activities at work
- Role of ergonomics? – Yes, absolutely!

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## Existing and near future challenges for OHS

- Undeclared employment (also worse working conditions)
- Growing foreign workforce and employers (language barrier, rights, health issues, temper, violence etc.)
- Aging of workforce (keeping older workers healthy and active) – ensuring health and motivation (need for fork is different thing)
- Reduction of «natural» deaths at work (surveys, education, reasoning)
- Preventive culture and healthy lifestyle promotion (need for resources and continuous campaigning)

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**JAUTĀ/ASK:** info@vdi.gov.lv

**SKATIES/WATCH:**  
<http://www.youtube.com/user/LMVDI#p/u>

**IĒPAZĪSTIES/LEARN:**  
[http://www.slideshare.net/Valsts\\_darba\\_inspekcija](http://www.slideshare.net/Valsts_darba_inspekcija)

**LASI/READ:**  
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[www.stradavesels.lv](http://www.stradavesels.lv)  
[www.osha.lv](http://www.osha.lv)

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**Paldies par uzmanību!**

**Thank you!**

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